

Arbor Acres
Arborview
JUNE 2019

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

							<p>1</p> <p>Sunrise Chats</p> <p>10:30 Classic Tunes with Larry Pope (WC)</p> <p>11:30 Stretch Bands</p> <p>4:00 UNO</p> <p>7:00 Courtyard Game</p>
							<p>2</p> <p>Deep Breathing</p> <p>10:30 Choices Jar</p> <p>11:00 Let's Exercise</p> <p>2:00 Walking Club</p> <p>4:00 Church Service (WC)</p> <p>6:15 Frank Fraton in Concert</p>
<p>9</p> <p>Deep Breathing</p> <p>10:30 Wheel of Fortune</p> <p>11:00 Let's Exercise</p> <p>2:00 Walking Club</p> <p>4:00 Church Service (WC)</p> <p>6:15 Frank Fraton in Concert</p>	<p>10</p> <p>Morning Wake Up</p> <p>10:00 Brainfitness</p> <p>11:00 Volleyball (A)</p> <p>1:30 Rick Steve's Travel</p> <p>2:00 Walking Club</p> <p>3:00 The FARE Singers</p> <p>4:00 BINGO</p> <p>6:30 Let's Take a Stroll</p> <p>7:30 Neighborhood Chats</p>	<p>11</p> <p>Sunrise Chats</p> <p>10:00 Art with Cindy</p> <p>11:00 Double Kickball</p> <p>2:00 Walking Club to Brock Court</p> <p>3:00 Table Top Game</p> <p>4:00 Let's Get Creative</p> <p>6:30 Meet me in the Bakery</p> <p>7:30 Neighborhood Chat</p>	<p>12</p> <p>Bedside Stretches</p> <p>10:00 Brainfitness</p> <p>11:00 Keith Byrd</p> <p>1:30 Planet Earth</p> <p>2:00 Walking Club</p> <p>3:00 Devotions & Coffee</p> <p>4:00 Vesper's (WC)</p> <p>6:30 Meet me in the Sunroom Game</p>	<p>13</p> <p>Storytelling</p> <p>10:00 Brainfitness</p> <p>11:30</p> <p>1:30 Weight Lifting</p> <p>2:00 Walking Club</p> <p>3:00 Small Groups</p> <p>4:00 Music with Amy</p> <p>6:30 Ronnie Reeves</p> <p>7:30 Neighborhood Chats</p>	<p>14</p> <p>Deep breathing</p> <p>10:00 Word Games</p> <p>11:00 Slow Stretches</p> <p>1:30 Zuri the Mastiff</p> <p>2:00 The Walking Club</p> <p>3:00 Wood Works</p> <p>4:00 Levon Myers (A)</p> <p>6:30 Relaxation Techniques</p> <p>7:30 Neighborhood Chats</p>	<p>15</p> <p>Sunrise Chats</p> <p>10:30 Musical Concert (WC)</p> <p>11:30 Let's Golf</p> <p>2:00 Walking Club</p> <p>4:00 Jeopardy</p> <p>7:00 Courtyard Game</p>	

Key:

Arborview

Atrium (A)

Activity Room (AR)

Sunroom (SR)

Fitzgerald Place

Willingham Court (WC)

Brock Court (BC)

Please contact
Joy Saylor @
jsaylor@arboracres.org



Arbor Acres
Arborview
JUNE 2019

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

<p>16 Happy Father's Day!</p> <p>10:30 Let's Talk Father's & History 11:15 Let's Exercise 12:00 Atrium Lunch 2:00 Walking Club 4:00 AA Church Service (WC) 6:15 Frank Fraton in Concert</p>	<p>17 Alzheimer's Awareness</p> <p>10:00 Brainfitness 11:00 Volleyball (A) 1:30 Planet Earth 2:00 Walking Club 3:00 Card Game 4:00 Ladder Ball 6:30 Let's Take a Stroll 7:30 Neighborhood Chats</p>	<p>18 Alzheimer's Awareness</p> <p>10:00 Art with Cindy 11:00 Mrs. Cottontail 1:30 Weight Training 2:00 Walking Club 3:00 Service Project 4:00 Staff Choice Game 6:30 Meet me in the Bakery 7:30 Neighborhood Chats</p>	<p>19 Alzheimer's Awareness</p> <p>10:00 Brainfitness 11:00 Keith Byrd 1:30 Planet Earth 2:00 Walking Club 3:00 Devotions & Coffee 4:00 Vesper's (WC) 6:30 Meet me in the Sunroom Game 7:30 Neighborhood Chats & Dominoes</p>	<p>20 Alzheimer's Awareness</p> <p>10:00 Brainfitness 11:30 Lower Body Exercise 1:30 Weight Lifting 2:00 Walking Club 3:00 Tai Chi Class 4:00 Music with Amy 6:30 7:30 Neighborhood Chats</p>	<p>21 First Day of Summer! The Longest Day</p> <p>10:30 News & Ladder Ball 12:00 Cookout Style-Lunch 1:00 Zuri the Mastiff 2:00 Lauren Venable 3:30 Levon Myers (WC) 7:00 Theatre Night in Robinson Hall! Mary Poppins</p>	<p>22 Sunrise Chats</p> <p>10:30 Music Series (WC) 11:30 Dart Board 2:00 Walking Club 4:00 Summer Drawings 7:00 Courtyard Game</p>
<p>23 Deep Breathing</p> <p>10:30 Travel Trivia 11:00 Let's Exercise 2:00 Walking Club 4:00 Church Service (WC) 6:15 Frank Fraton in Concert</p>	<p>24 Morning Wake Up</p> <p>10:00 Brainfitness 11:00 Volleyball (A) 1:30 Planet Earth 2:00 Walking Club 3:00 Let's Craft 4:00 The Sentimental Journey Show (A) 6:30 Let's Take a Stroll 7:30 Neighborhood Chats</p>	<p>25 Sunrise Chats</p> <p>10:00 Art with Cindy 11:00 Double Kickball 2:00 The Walking Club 3:00 Table Top Game 4:00 Ladder Ball 6:30 Meet me in the Bakery 7:30 Neighborhood Chats</p>	<p>26 Bedside Stretches</p> <p>10:00 Brainfitness 11:00 Keith Byrd 1:30 Planet Earth 2:00 Walking Club 3:00 Nancy Pitkin (A) 4:00 Vesper's (WC) 6:30 Meet me in the Sunroom Game 7:30 Neighborhood</p>	<p>27 Storytelling</p> <p>10:00 Brainfitness 11:30 Lower Body Exercise 1:30 Weight Lifting 2:00 Walking Club 3:00 Small Groups 4:00 Music with Amy 5p~ Family Dinner~ Beach Themed! (A) 6:30p~ Remember the Titans</p>	<p>28 Deep breathing</p> <p>10:00 Spa Morning 11:00 Slow Stretches 1:00 Zuri the Mastiff 2:00 Walking Club 3:00 Bocce Ball! 4:00 Lauren Venable 6:30 Relaxation Tech. 7:30 Neighborhood Chats</p>	<p>29 Sunrise Chats</p> <p>10:30 Robbie & Betty Vance (WC) 11:30 Ring Toss 2:00 Walking Club 4:00 Flower Arranging 7:00 Courtyard Game</p>
<p>30 Deep Breathing</p> <p>10:30 Table Topics 11:00 Let's Exercise 2:00 Walking Club 4:00 Church Service (WC) 6:15 Frank Fraton in Concert</p>						

Key:

Arborview

Atrium (A)

Activity Room (AR)

Sunroom (SR)

Fitzgerald

Place

Willingham Court (WC)

Brock Court (BC)

Please contact Joy Saylor @ jsaylor@arboracres.org

