THROUGH EXCELLENCE, INNOVATION, CARING AND BEAUTY,
ARBOR ACRES CULTIVATES COMMUNITY, COMFORT AND WELL-BEING FOR SENIOR ADULTS.
Dear Friends,

The 2013 Annual Report celebrates another extraordinary year in the now thirty-three year span since Arbor Acres first opened. This year the Board invested time and talent evaluating the mission and placing it in the context of an overall vision of Senior Adults Living Life Fully. The mission statement (printed on the cover of this report) and the vision statement both capture Arbor Acres heartfelt values. Arbor Acres cultivates community, comfort, and well-being, inspired by the residents’ definitions of fullness of life. Thus, resident expectation has supplied the energy that has driven Arbor Acres through time, calling it at once to new heights of service, and new depths of purpose.

Excellence, Innovation, Caring, and Beauty are the hallmarks of Arbor Acres, values that first gave rise to all that exists on the campus and that are certain to shape the future. Each is essential. Expressions of all may be found in the services offered, in the relationships formed, in the creative dynamism that animates the whole. Of these attributes, Beauty may be the most embracing, the ultimate value that encapsulates all others. Beauty sets the standard for the results to be achieved. If beauty is lacking, the standards of excellence, innovation and caring have not been met. Only when beauty is apparent in them have community, comfort, and well-being been cultivated at the highest level.

The story of 2013 reflected in this Annual Report is a beautiful one. It captures the unfolding of The Art of Arbor Acres. The latter is the summation of the professional arts, dining, nursing, philanthropic, building and landscaping, spiritual, environmental, and numerous others that form the luminous mosaic of life for both residents and employees. The Art of Arbor Acres manifests in the quality of work performed by staff members, true artists whose passion and talent drive them to achieve excellence. The Art is evident in the beauty of the landscape, and the soothing elegance of the building interiors. It shines in theatrical performances transformed into altruistic fundraisers, in the gleam of the new Fitness Center, and in the tenderness extended to the frail and the vulnerable.

Enjoy this Annual Report, yet another reflection of the beauty that defines Arbor Acres. It has been given to you as a note of thanks for the role you play in the fulfillment of Arbor Acres’ mission. It comes not only with gratitude, but also with hope for your continuing engagement, for the mosaic of life here is incomplete without the glint of beauty that reflects you.

With best wishes and LOVE,
CULTIVATING THE ARTS

THE ARTS ARE ALIVE IN OUR COMMUNITY

From earliest days, the arts have played a significant role in Arbor Acres’ mission. Whether making crafts to sell at the Resident Council’s Holiday Bazaar, or performing on the Fellowship Hall stage in talent shows, the first residents and staff cultivated within Arbor Acres a lasting passion for the arts.

Today the tradition continues. Residents enjoy painting, sculpture, and craft classes. Writers prepare memoirs and other autobiographical statements. The corridors and public rooms of Arbor Acres are alive with music performed informally or in concert by residents and local performers. Fine art collected over many years enriches the environment, elevating the minds, hearts and souls of all viewers.

This year the touring company from Barter Theater performed “1000 Cranes” to a packed house enthralled by the story of a young girl’s turning terminal illness brought on by war into a global peace initiative. Home grown amateur theater also invited participants and audience alike to experience joy, often in service to a worthy cause. The annual resident and staff Meals-on-Wheels theatrical attested to art’s power to draw people into community, to tap their hidden gifts, and to serve the greater good.

In 2013, the family of artist Anne Kesler Shields donated to Arbor Acres an extraordinary collection of Anne’s life’s work. Housed in the Anne Kesler Shields Gallery, the artist’s voice can be heard through wide-ranging media and modes of expression. In the Gallery, located in Asbury Place, Anne’s presence and power are palpable. This page features an example of Anne’s work along with other artists’ work donated to Arbor Acres in 2013. Additional donations are featured on pages 5, 7 and 16.
At the heart of Arbor Acres’ mission lies a commitment to serve those living here with care, kindness, and love. Ensuring the continuation of a place where each resident has the opportunity for an enhanced quality of life rests upon the support of many people.

The Heritage Society, created by the Board of Directors almost two decades ago, represents 108 individuals and families who have made a commitment to Arbor Acres in one of two ways:

- Through their estate plans. Such gifts can be made through wills, charitable trusts, annuities or life insurance.
- Through the creation of a Named Fund within the Financial Assistance Endowment Fund.

The Heritage Society provides a way to honor members for their philanthropic spirit, which is celebrated each year at the Heritage Society Dinner.

Arbor Acres honors Rebecca W. Ballard, Elizabeth W. Brandon, Jackie P. Rider, Jesse C. Temple, and Jane W. Truscott for their generous bequests totaling $499,802.

We remember with great fondness members who have died this past year:

- Mrs. Jane W. Truscott (d. Feb. 11, 2013)
- Mr. Jack H. Campbell (d. March 9, 2013)
- Mrs. Charlotte Blount (d. April 30, 2013)
- Mrs. Harry Sorensen (d. May 5, 2013)
- Mrs. Jackie P. Rider (d. Aug. 12, 2013)
- Mrs. Elaine L. Muir (d. Nov. 18, 2013)
- Mrs. Helen C. Hanes (d. Dec. 28, 2013)
As of December 31, 2013, the Assistance Endowment Fund, within which there are 80 named funds, totaled $13,057,947. The Fund is overseen by the Finance Committee of the Arbor Acres Board of Directors to assure a balance between growth and income, and to generate a steady stream of revenue for financial assistance needs. In 2013, $491,275.46 was withdrawn to help residents who have acute financial needs.

We appreciate our donors for their philanthropic spirit and compassion for Arbor Acres’ residents.

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*Newly established funds during 2013
GIVING TO OUR COMMUNITY

Arbor Acres is about living, loving, and giving. When I joined the staff, I was amazed. Life here is far more than I expected. The residents are vibrant, passionate, energetic and spiritual. They care deeply about each other and about their shared quality of life. Collectively, they exemplify the words Living Life Fully.

Glennon Doyle Melton, author of Carry On, Warrior, says this: “Strength is participating fully in life’s rhythms – like being needed and needing. It is being available to help and then being available to be helped. It is taking your turn being the steady shoulder and leaning on another steady shoulder . . . That is how we make connections. It’s how we make friendships. We ask people to share their gifts.”

As Arbor Acres’ new Director of Philanthropic Arts, I rejoice at the opportunities I find here to invite the residents and wider community to support Arbor Acres living mission, to ask others to “share their gifts”. The mission thrives on a variety of charitable gifts. Those given to the Annual Fund (the campaign for which begins on Mother’s Day and concludes at year-end) are used entirely to support the financial assistance needs of residents. In 2013, the amount raised for this purpose totaled $337,703. I hope to increase that amount this year. Memorial gifts and estate gifts are equally vital to the mission’s future and further strengthen the financial assistance program. Soon Arbor Acres will launch a $3,000,000 Capital Campaign to make Fitzgerald Place, the skilled nursing facility, a testament to Arbor Acres’ vision of life lived fully by all, including the most fragile among us.

How lucky we are to evolve as we grow and live life to the fullest. I learn something new each day as I watch our residents thrive in this living community. Please join me in my journey here. Enjoy our website. Read our blog page. Come and visit. Engage. Share your gifts with our residents. I promise by doing so, you will discover something new and beautiful!

THE LETTIE PATE WHITEHEAD FOUNDATION

Arbor Acres is blessed in so many ways. One of the greatest blessings has been the relationship with the Lettie Pate Whitehead Foundation and its impact on the financial assistance program.

The Lettie Pate Whitehead Foundation dedicates its resources to the support of women in nine southeastern states, mostly through scholarship grants to schools and colleges and selected nursing homes and hospices in Georgia, North Carolina, and Virginia. Arbor Acres’ first gift from the Foundation came in 1981. Grants given over the last 32 years total $3,276,000.

The story of Lettie Pate Whitehead Evans is quite remarkable. Mrs. Evans was born in Bedford County, Virginia and attended private schools there and in Lynchburg. In 1895, she married a young attorney, Joseph Brown Whitehead, and they made their home in Chattanooga, Tennessee. In 1899, Mr. Whitehead and an associate approached the Coca-Cola Company with an idea to secure an exclusive contract to bottle and sell Coca-Cola throughout the United States. The idea proved successful, and after a move to Atlanta, the Whiteheads quickly became business, church and civic leaders.

Lettie Pate Whitehead assumed the responsibility of the business affairs after the untimely death of her husband at age 42. She served as director of The Coca-Cola Company for almost 20 years beginning in 1934. She later married Arthur Kelly Evans, a retired Colonel, and made her home in Hot Springs, Virginia. Lyons Gray serves as Vice Chairman of the Board of Trustees and has been an advocate for Arbor Acres’ financial assistance program since the program’s inception.

ADDITIONAL FOUNDATION GIVING

The Strickland Family Foundation
The T. W. Dixson Foundation
The Abe and Miriam Brenner Foundation
The Grousbeck Family Foundation
Arbor Acres is grateful to the following donors for their generosity.
This list includes all gifts made between January 1, 2013 and December 31, 2013.
Numbers following the names indicate total number of years contributing to Arbor Acres.

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Mr. and Mrs. Frank E. Driscoll (21)
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Mr. and Mrs. Charles G. Ducket (8)
Dr. and Mrs. Charles H. Ducket (4)
Mr. and Mrs. Henry G. Duffer (19)
Ms. Elizabeth A. Dull (23)
Mr. and Mrs. J. Charles Dunn (19)
Mr. Steven W. Dunn (6)
Mr. and Mrs. Robby J. Dunnagan (2)
Ms. M. Katherine Early (1)
Ms. Debra A. Easter (19)
Mrs. Opal Y. Eckard (1)
Ms. Denise Edwards (19)
Mr. and Mrs. John G. Edwards (1)
Mr. and Mrs. Joseph F. Edwards III (3)
Mr. and Mrs. Robert L. Edwards (17)
Mr. and Mrs. Robert E. Egleston (7)
Mr. and Mrs. James Einstein (2)
Mrs. Aurelia G. Eller (9)
Mr. and Mrs. Larry E. Elliott (3)
Mr. and Mrs. John Elster (4)
Mrs. Suzan Elster (18)
Mrs. Mary Emler (22)
Ms. Marian English (1)
Mr. and Mrs. Donald F. Eppert (5)
Mr. and Mrs. Bradley Evans (2)
Arbor Acres nurtures resident well-being. Well-being connects to another precious concept: Wellness. Arbor Acres strives to enable residents to be as well as they can be in all dimensions of their humanity: physical, mental, emotional, social, vocational (the need to serve), and spiritual.

In 2013, the physical well-being of residents moved to the forefront. New bocce and horseshoe courts were installed; the Clingman Therapy Center, within which physical, occupational, and speech therapy are provided, was upgraded; and the long-needed state-of-the-art Fitness Center opened. The Center offers equipment designed to support exercise regimens tailored to each resident’s current level of fitness. In the exercise room, a variety of classes are available. For those who enjoy walking, the indoor track (1/20 mile) with its cushioned floor accommodates them well. The equipment room, the classroom and the walking track, together comprise The Ball Room, named for current resident Bill Ball, who as chair of the Board’s Building and Grounds Committee championed and saw the Fitness Center project to completion.

Beyond physical fitness, Arbor Acres actively supports residents in other essential aspects of their wellness. This year, Bert Sanders, Associate Chaplain, drew large numbers of residents to a new 11:00 AM Sunday Worship Service held weekly in Asbury Place. The spiritual needs of residents also were served through Chaplain-led support and study groups, and through provision of resident- and family-centered end of life care. Social and intellectual needs were met through expanded opportunities for fellowship and learning. Lastly, the residents’ need to reach out to others found expression through a range of volunteer and fundraising opportunities. Collectively, in 2013 through initiatives planned and implemented by residents and staff, Arbor Acres residents, grateful for their personal well-being, raised more than $569,437 to serve the needs of others.
Our family felt enormous relief when Dad was admitted to Arbor Acres in June 2013 having suffered a major stroke after a heart procedure. We came to Arbor Acres feeling ignored and beat up, having endured five grueling weeks in a hospital setting. When Dad arrived at Fitzgerald Place, he was completely cognizant of his dire situation yet aphasic, medically frail, and very scared. In no time at all, we were embraced by the “Arbor Acres Way” and light appeared at the end of our long, dark tunnel.

Now, nine months later, Dad continues to make progress and resides at Asbury Place, the wonderful assisted-living facility at Arbor Acres. We are so thrilled with his apartment and find his room to be nice, comfortable and attractive with multiple windows allowing light from the outside. There is a wonderful snack bar on his floor which provides healthy snacks and beverages at all times. The common areas contain beautiful art and are handsomely decorated. There are plenty of nooks where Dad and I can enjoy private conversations when we venture outside of his room.

It is obvious throughout Asbury Place, and Arbor Acres as a whole, that the dignity of the residents is of utmost importance.

- Kelley Blake Hancock

Kelley with her father, Charles “Chick” Blake.
Mr. and Mrs. Samuel E. Hucks (23)
Ms. Betty M. Hughes (1)
Mr. and Mrs. Milton Humphreys (18)
Mrs. Katherine J. Humphries (1)
Dr. and Mrs. C. C. Hunt (11)
Ms. Cecile G. Hunt (1)
The Reverend Clark W. Hunt (27)
Mrs. Jacqueline Hunt (30)
Mr. John W. Hunt (22)
Dr. and Mrs. Thomas H. Hunt (29)
Mrs. Jean Hunter (26)
Mr. John and Mrs. Patricia Hunter (8)
Pastor Tom Hunter (1)
Ms. Mary L. Huntley (1)
Dr. and Mrs. David D. Hurst (15)
Mr. and Mrs. Ara H. Hurst (11)
Ms. Leola Hutchins (1)
Mr. and Mrs. Nelson P. Ingram III (18)
Mr. and Mrs. James M. Iseman, Jr. (20)
Mrs. Martha H. Isenberg (14)
Ms. Roselyn Jackson (7)
Mr. and Mrs. Francis W. Jackson (1)
Mrs. Eleanor S. Jamison (13)
Mr. Gustav C. Jamison (10)
Mr. and Mrs. Harry L. Jarman (4)
Mr. John R. Jarrell (27)
Mr. James R. Jarrell (7)
Mr. and Mrs. Peter Jenks (4)
Mr. and Mrs. Terry Jessup (4)
Mr. and Mrs. Melvin P. Johnson (26)
Molly W. Johnson (14)
Mrs. Betty W. Johnson (4)
Mrs. Carol A. Johnson (21)
Mr. Don Johnson and Mr. Don Wofford (1)
Mrs. Lucy Johnson (1)
Mrs. Mabel E. Johnson (3)
Mr. and Mrs. William Johnson-Ware (1)
Mrs. Ann C. Johnston (24)
Mr. and Mrs. Douglas Jones (8)
Ms. Helen Jones (3)
Mr. Joseph F. Jones (31)
Mr. and Mrs. Warren Jones (27)
Ms. Lori J. Jones (1)
Mr. and Mrs. Thomas D. Jones (2)
Mr. and Mrs. Henry H. Jordan II (27)
Mr. and Mrs. Kitty C. Jordan (1)
Mrs. Joy J. Joss (5)
Mr. and Mrs. William M. Joyce (1)
Miss Carlene Judy (7)
Mrs. Carole M. Julian (1)
Mrs. Mary E. Kane* (5)
Mrs. Desi W. Kaylor (7)
Mr. and Mrs. Ronald Keaton (8)
Mr. and Mrs. Alan Keely (1)
Mrs. Margaret Keely (26)
Mr. and Mrs. Robert L. Keely (8)
Mrs. Martha J. Keiger (25)
Dr. and Mrs. Theodore A. Keith (9)
Mrs. Elizabeth Kelly (2)
Mr. and Mrs. James H. Kelly (11)
Mrs. Jane W. Kelly (5)
Ms. Vicki L. Kendrick (11)
Dr. and Mrs. Daniel H. Kennedy (13)
Miss Margaret Anne Kester (20)
Mr. and Mrs. Truman T. Kiger (17)
Mrs. Joyce T. Kilby (5)
Mr. and Mrs. Joel H. Kimball (4)
Mrs. Billie C. Kimel (19)
Ms. Dora W. Kimsey (7)
Mrs. Mary Kinard (2)
Mr. and Mrs. Philip G. Kinken, Jr. (30)
Mrs. Arlene B. Kirby (31)
Mr. and Mrs. Ashburn L. Kirby (18)
Mr. and Mrs. J. Aubrey Kirby (2)
Ms. Linda L. Kirby (10)
Mrs. Martha Kirby (5)
Mr. Kenneth D. Knight (8)
Mr. and Mrs. William A. Knott (28)
Mr. and Mrs. Harry C. Lancaster (13)
Ms. Debra R. Lange (1)
Mrs. Elizabeth A. Lasley (7)
Mrs. Kathryn M. Lasley (4)
Mrs. Jane Lassiter (2)
Mrs. Vicki S. Lathery (1)
Mrs. Judith Law (24)
Ms. Jan Lawlor (5)
Mr. and Mrs. B. Thomas Lawson, Jr. (15)
Ms. Mary N. Lea (7)
Mrs. Jane A. Lee (3)
Mr. and Mrs. Richard Lees (2)
Mrs. Mary Lois L. Leith (10)
Mr. and Mrs. Max Leonard (20)
Mrs. Peggy Leonard (1)
Mr. and Mrs. Stephen O. Leonard (6)
Mr. and Mrs. Wilford A. Leonard (19)
Mrs. Garnette H. LeRoy (4)
Mrs. Dorothy B. Lesniak (4)
Ms. Margaret M. Lester (10)
Mr. and Mrs. Alan R. Levin (5)
Dr. Franklyn K. and Dr. Beatrice* Levin (6)
Mrs. Melissa Levin (1)
Mrs. Elizabeth C. Lewis (10)
Mr. and Mrs. Eugene A. Lewis (12)
Mr. and Mrs. Stephen D. Light (2)
Mrs. Karen W. Lineberry (10)
Dr. Eugene B. Linton (3)
Mr. and Mrs. Robert Listokin (2)
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Mr. and Mrs. A. Ray Long (4)
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Mrs. Judy Long (3)
Mr. and Mrs. Matt R. Long, Jr. (30)
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Mrs. Janice Lutz Vanhoy (9)
Mrs. Carol C. Lyerly (5)
Mrs. Katherine M. Lyerly (3)
Ms. Carol M. Mabe (5)
Ms. Patricia P. Mabe (4)
Ms. Theresa Mabe (1)
Mr. and Mrs. Glenn E. Macey (17)
Mrs. Sara Mackie (2)
Mrs. Judy MacMillan (11)
Mrs. Muriel M. Madden (11)
Mr. and Mrs. T. G. Madison, Jr. (12)
Mrs. Jo Ann Main (3)
Mr. and Mrs. James P. Mallett (1)
Dr. and Mrs. Allan A. Maltbie (6)
Mr. and Mrs. Jason Maluf (2)
The Reverend and Mrs. Clay Manning (28)
The Reverend and Mrs. Robert E. Manthey (8)
Miss Angela D. Marion (11)
Mrs. Fay C. Marler (26)
Ms. Nancy S. Marshall (11)
Mrs. Beth Martin (2)
Mrs. Cindy Martin (1)
Mr. and Mrs. George W. Martin (1)
Mr. and Mrs. James E. Martin (20)
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Mr. Richard Martin (1)
The Reverend Sandra W. Martin (10)
Mr. David Masich (8)
Ms. Winona S. Masten (1)
Mr. and Mrs. Lawrence E. Masters (2)
Mr. and Mrs. Arzie J. Matthews (2)
Mr. Clifton H. Matthews (9)
The Reverend Gregory D. Matthews (3)
Mr. and Mrs. Charles H. Mauzy III (9)
Mr. and Mrs. Robert Maxwell (2)
Dr. C. Douglas Meynard (14)
Ms. Ada B. McBride (1)
Mrs. Elizabeth A. McBride (20)
Mrs. Sig McCain (3)
Mrs. Elsa J. McColl (6)
Mrs. Betty C. McClain (1)
Mrs. Lisa McClenan (1)
Mr. and Mrs. Coleman B. McClain (14)
EMPLOYEE SCHOLARSHIP FUND

The Employee Scholarship Fund exists because residents deeply appreciate the staff of Arbor Acres and desire to help those who, while working, are also striving to optimize their life potential.

Established in 2009 through the generosity of an anonymous resident, the Arbor Acres Employee Scholarship Fund enables residents to provide educational assistance to qualified staff members to achieve their higher educational goals. Those seeking scholarships must apply and are considered for awards based on multiple factors. They include employment record, demonstrated commitment to secure a higher education degree, and record of academic success.

In 2013, 18 employees were awarded scholarships to pursue degrees in Nursing, Computer Information Technology, Social Work and Rehabilitation Studies. One recipient spoke for all when she said: “I cannot adequately express my immense gratitude to the residents of Arbor Acres. The scholarship program allows me to further my education and pursue my goals while continuing to work fulltime in a place that cares about its employees.”

Over the life of the Employee Scholarship Fund, 72 grants have been awarded totaling $98,804.44.
Like beauty, excellence is a defining attribute of Arbor Acres. In 2013, the following achievements reflected this commitment.

**Excellence in Planning:** The Board, residents and staff shared the task of developing an ambitious strategic plan that calls for renovation of Fitzgerald Health Center, a new master facilities plan, updated financial feasibility plan, heightened emphasis on Board education and succession planning, and new initiatives to enrich the workplace culture. The plan was approved in May.

**Excellence in Accreditation:** This year Arbor Acres stood for and received its 5-year re-accreditation with CARF (Committee on Accreditation of Rehabilitation Facilities), making Arbor Acres the only accredited community in Forsyth County with this designation. One of the site surveyors noted, “Arbor Acres travels uncharted paths in order to reach beyond what is considered predictable.”

**Excellence in Finance:** Fitch Rating Service affirmed Arbor Acres “A-” municipal bond rating. This rating places Arbor Acres among the top 2% of communities nationwide.

**Excellence in Workplace Culture:** Commencement of The Art of Arbor Acres initiative, affirmed and inspired the artistry, talent, innovation, and commitment to service that distinguish Arbor Acres’ employees as artists in their professional fields.

**Excellence in Visioning:** Board, residents, and staff, supported by creative consultants, crafted a new vision for Fitzgerald Health Center, a dramatic reinvention that, when brought to life, will enable Arbor Acres frailest residents and their family members to live life with the fullness they deserve. To affirm the dignity of the residents who live there, Fitzgerald Health Center was renamed Fitzgerald Place, and the Memory Care Facility within it was renamed Arborview.

**Excellence in Education:** Residents rousingly welcomed Live and Learn. Residents provided scholarships for employees to pursue higher education.

**Excellence in Outreach:** 2013 saw the most financially successful Meals-On-Wheels fundraiser ever. Fun Night at the OK CARral, generated over $60,000 for Senior Services. This added significantly to the $569,437 total residents raised this year to support local charities including Arbor Acres.

**Excellence in the Arts:** The opening of the Anne Kesler Shields Gallery, made possible through a generous donation of the artist’s works by Howard Shields and the Shields family, enriched life for all.

**Excellence in Building and Renovation:** The new Corpening Building Apartments opened in January and were fully occupied by year-end. The Fitness Center opened in May.

**Excellence in Charitable Care:** $1.3 million was spent to provide direct financial assistance to thirty-five financially needy residents.
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* Indicates Deceased
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IN MEMORIAM (CONTINUED)
CULTIVATING
THE PAST AND FUTURE

I believe that Arbor Acres has a bright future. I also believe that to secure this future, our first task is to examine both its past and its present.

“We, today, stand on the shoulders of our predecessors who have gone before us,” a truth evident throughout Arbor Acres. In 1975, a group of visionaries pooled their ideas, passions, and resources, and conceived what we now know as Arbor Acres United Methodist Retirement Community. In 1980, built upon an earlier gift of land from The Children’s Home, Arbor Acres became a reality as the doors opened for the first residents. As we plan for the future, we value this history and strive to align ourselves with the principles of generosity and selfless devotion that have guided our community thus far.

Today, Arbor Acres consists of an eighty-four acre campus with over 450 residents and just under 400 employees. Currently twenty-nine volunteer board members serve as its governing body. Fundamentally, Arbor Acres is dedicated to the residents and to the generation of a community in which senior adults can live life fully in an environment devoted to their needs. This community is steeped in beauty—just look at our winding streets lined with flowers, grass, and trees; ducks at home on the ponds; cows grazing in the neighboring pastures; and the works of art displayed throughout our campus. Greater, however, is the beauty of kindness displayed in the warm smiles from our residents, staff, and visitors. Indeed, we are richly blessed!

As Board Chair, I want our community at Arbor Acres to remember, appreciate, and learn from our past. As a Winston-Salem resident, I hope to continue to tell the story of Arbor Acres so that others will know and come to love this vibrant community. Perhaps the story of Arbor Acres is reflected most purely in the residents of Fitzgerald Place, the facility in which residents receive skilled nursing care. To these residents I say we want to hear your stories, we remember your gifts, we cherish you as members of our community whose needs and hopes we honor. May your lives be filled with comfort, beauty, participation in the community, and peace.

In February, with the press of icy weather, I did what I am sure most everyone else did: I watched the local weather reports. Wanting to know what lay ahead, I became most interested in “Futurecast,” the weatherman’s tool that predicts the course of weather over the coming days. I wish “Futurecast” could predict accurately what the future of Arbor Acres will be. Even without such a tool, however, I am confident that, guided by our past and informed by our present course, Arbor Acres will continue to thrive for generations to come.

A Greek philosopher once said that the only constant in life is change. What was true then, remains true now. Arbor Acres is changing whether by design or simply by the passing of time. In the days ahead, we, the residents, staff, and Board members, must dedicate ourselves to the task of securing a vibrant future for Arbor Acres. To that end, please join me in appreciating our heritage, our good fortune, and the promise of an enduring community at Arbor Acres.
What happens when you take 480 vibrant, accomplished, intelligent, energetic, passionate people and put them together? They become powerful and change things. This was evident when residents in 2013 decided they wanted higher educational offerings available on campus.

The Live and Learn Committee of the Resident Council was appointed by the then President, Coy Carpenter. Courtland Davis and Carolyn Vaughn agreed to Co-Chair. The purpose of the Committee, to provide intellectually stimulating programs of interest to residents, aligns perfectly with Arbor Acres vision of life lived fully.

Currently, the twelve member resident committee includes one advisor, Ed Wilson, the retired Provost Emeritus of Wake Forest University. The committee meets often, has established its own goals, and has revitalized interest in higher learning across the campus. This is consistent with national trends. Recently an article appeared in the Wall Street Journal (December 13, 2013) which noted retirees are “flocking to University towns” in order to continue, well, living and learning.

In 2013, interested residents participated in a survey to determine topics that might be of interest. The feedback was extensive, so much so that it may take years before all the proposed topics can be covered. Presentations thus far have included:

- **Islam, Egypt and the Middle East – How Did We Get Where We Are Today?,** a lecture by Dr. Nelly van Doorn-Harder, Professor of Islamic Studies in the Department of Religion at Wake Forest University.
- **The Cutting Edge of Music,** presented by Maestro Robert Moody. Although Dr. Moody had broken his leg in two places two weeks before his lecture, he enthralled his audience with musical history as well as the current trends in the field.
- **The Cutting Edge of Medicine,** presented by Dr. Anthony Atala. Google this world famous physician to discover how cutting edge Dr. Atala’s research is, and why residents were so impressed by his ability to translate it into “everyday” language.
- **The Cutting Edge of Technology,** presented by Dr. David Carroll. Wearing shirts that can detect infection? Inserting chips into one’s wrist to identify where cancer might be hiding? Jogging suits with markers to better control one’s gait? The era of the Jetsons has arrived!
- **The Cutting Edge of Religion,** presented by Dr. Bill Leonard. A wonderful history of the church and changing nature of religion today, Dr. Leonard was hugely entertaining and inspiring.

We hope to continue with our standing room only lectures and perhaps draw further from the resources of the five local universities. Live and Learn University is open and enrolling. Come join the fun!
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Mrs. Jane Withrow
Mrs. Harriet Workman
Ms. Thorne G. Worley

*Indicates Deceased
2013 Financial Highlights Review

2013 saw the opening of the Corpening Apartments, and the completion of the Fitness Center, both of which were paid for from cash reserves. Additionally, the last six houses in the Frances Asbury neighborhood were completed and occupied.

On December 20, 2013, the Board fixed for ten years the interest rate on two-thirds of the $28,000,000 in variable debt incurred for construction of Asbury Place and Arborview. Currently the interest rate on 79% of Arbor Acres total debt ($35,510,000 of $45,010,000) is fixed. This allows Arbor Acres to take advantage of historically low rates and makes future planning easier. The effective interest rate that Arbor Acres is paying on the total debt, including both the fixed and variable portions, is calculated now at 3.45%, a reasonable rate made possible because of Arbor Acres overall financial strength.

• A year-end operating surplus of $1,371,805.
• Campus-wide occupancy of 94.5%.
• Total operating revenue exceeded projections by $392,275.
• Contribution income for financial assistance was $350,177 greater than expected.
• $1,337,455 in financial assistance was provided to 35 residents. The dollars represent 5.24% of total resident revenue.
• Operating expenses for wages and benefits were 3.5% ($486,311) over budget, reflecting unexpectedly higher costs in dining and in benefits.
• Operating expenses, other than wages and benefits, were 3.2% ($244,649) over budget.
• Investments produced a 14.6% total return for the year. (The eight year historical rate of return is 6.6%).
• As of 12/31/13, the Financial Assistance Endowment equaled $13,058,000 which is an increase of $1,775,000 (15.7%) over 2012.
Arbor Acres is known as a Retirement Community, but it’s really not about retirement. It’s about community - active, engaged, caring and supportive community. Community is bread for the soul, a source of nourishment.

Community in 2013 meant weekly socials in the living room, enjoying wine and refreshments among friends. It meant groups working together to plan educational offerings. It was found in Men's Club, as monthly men gathered to share lunch and to enjoy an informative presentation. Community emerged in abundance through the execution of the annual Meals-on-Wheels fundraiser. Planned by a group of residents working throughout the year, this event united the hearts of residents and staff in a shared experience of service to the wider community.

The Resident Council, chaired in 2013 by Coy Carpenter, served as the voice of the resident community and promoted active participation in activities through which community is enriched. This representative body assured resident engagement in matters important to their way of life. Through the Council Committees, residents, this year, established operational policy for the fitness center, planned its opening and dedication, organized the Live and Learn Program, promoted higher levels of engagement in sports including croquet, and established policy to enhance resident safety.

Clearly Arbor Acres is not about retirement. It’s about community cultivated as an expression of love for neighbor and for Arbor Acres.

CHURCHES WHO HAVE CONTRIBUTED IN 2013:

- Ardmore United Methodist Church of Winston-Salem
- Asbury United Methodist Church of Hamptonville
- Baltimore United Methodist Church of East Bend
- Bethel United Methodist Church of Mocksville
- Bethel United Methodist Church of Oak Ridge
- Blackwater United Methodist Church Of Ararat
- Booneville United Methodist Church of Boonville
- Brooklyn United Methodist Church of Pflaiztown
- Bunker Hill United Methodist Church of Kernersville
- Burnett Chapel United Methodist Church of Greensboro
- Centenary United Methodist Church of Greensboro
- Centenary United Methodist Church of Winston-Salem
- Center United Methodist Church of Greensboro
- Central Terrace United Methodist Church of Winston-Salem
- Central United Methodist Church of Mount Airy
- Christ United Methodist Church of High Point
- Epworth United Methodist Church of Cana, VA
- First United Church of Christ of Winston-Salem
- First United Methodist Church of North Wilkesboro
- First United Methodist Church of Randleman
- Glenwood United Methodist Church of Greensboro
- Hanes Grove United Methodist Church of Hamptonville
- Hatcher's Chapel United Methodist Church of Pilot Mountain
- Lewisville United Methodist Church of Lewisville
- Liberty United Methodist Church of Mocksville
- Main Street United Methodist Church of Kernersville
- Mount Pleasant United Methodist Church of Greensboro
- Mount Tabor United Methodist Church of Winston-Salem
- Mount Zion United Methodist Church of Pinnacle
- Mt. Oliver United Methodist Church of Walkertown
- Mt. Pleasant United Methodist Church of Winston-Salem
- Mt. Zion United Methodist Church of Pinkey Creek
- New Philadelphia Moravian Church of Winston-Salem
- Oak Forest United Methodist Church of Winston-Salem
- Oak Ridge United Methodist Church of Oak Ridge
- Pinnacle United Methodist Church of Pinnacle
- Pleasant Garden United Methodist Church of Pleasant Garden
- Pleasant Hill United Methodist Church of Pleasant Hill
- Pleasant Union United Methodist Church of Liberty
- Rehebeth United Methodist Women of Greensboro
- Sedge Garden United Methodist Church of Kernersville
- Shady Grove United Methodist Church of East Bend
- Shady Grove United Methodist Church of Winston-Salem
- Sharon United Methodist Church of Lewisville
- St. Mark United Methodist Church of Germanton
- St. Mary's United Methodist Church of Walnut Cove
- Stony Knoll United Methodist Church of East Bend
- Tabernacle United Methodist Women of Greensboro
- Trinity United Methodist Church of Winston-Salem
- Trinity United Methodist Women Circle 2 of King Union Chapel United Methodist Church of Mocksville
- Wesley Heights United Methodist Church of Lexington
- Wesley Memorial United Methodist Church of High Point
- Wesley Memorial United Methodist Church of Winston-Salem
- White Rock United Methodist Church of Roaring River
- Winston-Salem District of the United Methodist Church
- Yadkin College United Methodist Church of Welcome

VENDORS GAVE A TOTAL OF $16,451 IN 2013.
ARBOR ACRES APPRECIATES THIS GENEROUS SUPPORT.

- Allied Roofing Company, Inc.
- American Home Furnishings Alliance
- AON Foundation Matching Gift Program
- B.W. Hawkins Builders
- Bank of America Charitable Foundation
- Bob Grubbs' Carpet Designers, Inc.
- Delaware Retirement Group
- Home Real Estate
- Landmark Builders Of The Triad, Inc.
- Luna Lounge Entertainment INC.
- National Association of Letter Carriers
- Physicians ElderCare, PA
- Poindexter Lumber Co., Inc.
- The Prudential Foundation Matching Gifts Program
- Quality Mobile X-Ray
- R.W. Collins Construction
- S&L Painting & Decorating, Inc.
- Salem Electric
- SAS Institute Inc.
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- Telescope Casual Furniture
- The Core Lab of Wake Forest Baptist Health
- Treasure Garden, Inc.
- W. M. Wrege Building Co., Inc.
- Wake Forest Baptist Health Volunteer Services Staff
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Winston-Salem, NC 27104-1197
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Toll Free 866.658.2724
www.arboracres.org

Front Cover: The Counsel of Elders by Carl Peveral. Standing in front of Asbury Place, it represents the physical, intellectual, emotional, social, vocational, and spiritual dimensions of living life fully.

A special thank you to Robert Merritt, a resident of Arbor Acres, who contributed most of the photography in this publication.

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