

To: Arbor Acres Residents and Families

From: Andrew Applegate, President/CEO Arbor Acres Resident Council Advisory Group for COVID-19

RE: Family Visitation

Date: December 23, 2020

In the last week, Arbor Acres has reported on some actual and potential exposures to COVID-19, which have been traced to family members visiting residents in apartments and homes. Because of this exposure a number of requests were made to Resident Council President, Frank Rayburn, that we consider adjusting our existing visitation policies and practices for independent living residents. This morning, the Resident Council Advisory Group for COVID-19 held a specially called meeting to consider those requests. During the meeting staff provided the advisory group with additional information regarding these situations to help in the evaluation of what steps, if any, the community should take to ensure everyone's continued safety.

After reviewing the facts, the Resident Council Advisory Group recommended that Arbor Acres continue its current visitation policies. In addition, however, the advisory group made the following suggestions and recommendations:

- 1. Request that family members and approved visitors get a COVID-19 test AND get the results before visiting. Visitors and guests can arrange a test by contacting a local pharmacy such as CVS or Walgreens. Please ensure that family and guests are following recommended social distancing, mask wearing and hand washing prior to, during and after the testing.
- 2. Regardless of whether family or guests take a test, wear masks and keep physically distanced when meeting together. Whether you are meeting inside, outside, or physically distancing, wearing masks is the single most effective way of protecting yourself and your loved ones. Avoid dining together or any situation where masks are removed.
- 3. PLEASE do not travel to see family this Christmas holiday. For your sake and the sake of family and your neighbors, patiently wait for the vaccine and plan celebrations sometime later in 2021.

Please have a safe Christmas in spite of the challenges of the pandemic. We want all of you around when we can finally celebrate a COVID-19 free 2021.