

Arbor Acres
 United Methodist
 Retirement Community
Fitzgerald
Health Center

Theme:
“Kin” You Believe It’s
Family Tree Month?
 Family Values
 Family Games
 Let’s Talk Family
 Family Tree
 Family Reunion
 Entertainment

Monday
 9:30-10:30 Bingo AC
 11:00-11:30 Flexercise WW
 11:30-12:00 Flexercise EW
 3:00-4:00 Weekly News AC

Tuesday
 9:30-10:00 God’s Daily Promise AC
 11:00-11:30 Move to Music WW
 11:30-12:00 Move to Music EW

Wednesday
 11:00-11:30 Flexercise WW
 11:30-12:00 Flexercise EW
 4:00-4:30 Devotion GFH

Thursday
 9:00-10:00 Painting AC
 11:00-11:30 Move to Music WW
 11:00-11:30 Move to Music EW



Friday
 11:00-11:30 Flexercise WW
 11:30-12:00 Flexercise EW

Daily Specials for East Wing
10:00-11:30
 Aroma Therapy
 One-to-One
 Crafty Crafters
 Story Telling Time
 Music Matters

Remember, the more activities you
Attend, the more Butter Beans you
Earn to spend at the Butter Bean
Auction.

KEY

AC - Activity Center
 CR - Craft Room
 DR - Dining Room
 EW - East Wing
 FH - Fellowship Hall
 (Retirement Center)
 WWL - West Wing Lobby
 GFH - Goodson Friendship Hall

Sun Let’s Talk Family	Mon Family Values	Tue Family Reunion	Wed Family Food & Fun	Thu Family Games	Fri Family Entertainment	Sat Family R & R
July 2008 Fitzgerald Health Center						
		1 10-11 A-Mazing Family (AC) 2-3 Summertime Memories (AC) 4-5 Family Adventures (GFH) 7-8 One Man Show: “3 Hats” (FH)	2 10-11 Making Flag Graham Cookies (AC) 2-3 Eating Popsicles (Porch)	3 10-11 Singer: Lisa Woods (GFH) 2-3 Dog Days (AC) 4-5 Country Music (WWL) 7:00 Centennial Squares Patriotic Celebration (FH)	 10-11 July 4th Parade & Exercise (GFH) July 4th Lunch Picnic 2-3 Scenic Drive (Bus) 4-5 Country Music Crossword (AC)	5 2-4 Front Porch Travels (WWL)
6 4:00 Worship (GFH)	7 10:30-11:30 Craft: (AC) Family Names on Leaves 4-5 Garden Club (AC)	8 10-11 Family Feud (AC) 2-3 Kin & Klan Trivia (WWL) 4-5 First American Passport (AC) 6:30-7:30 Bingo (AC)	9 10-11 Strawberry Yogurt Popsicles (AC) 2-3 Movie: Ellis Island Part 1 (WWL)	10 10-11 Quotes for the Day (AC) 2-4 Beading with Janice (AC) 4-5 Summertime Rhythm (GFH)	11 10-11 Skit: United at the Card Table (WWL) 2-3 Family Trivia (AC) 4-5 Birthday Party with Ronnie Reeves (GFH)	12 2-4 Family Tree Clip Art (WWL)
13 4:00 Worship (GFH)	14 10:30-11:30 Green Bean Snappin & Shuckin (Porch) 2-3 Guess the Year (AC)	15 10-11 Roots & Shoots Crossword (AC) Lunch: Tomato Sandwich & Farmer’s Blue Plate Special All Dining Rooms 3-4 Tapioca Pudding (AC) 7-8 Classical Russian Pianist (FH)	16 10-11 Good Humor Gals (Porch) 11-12 Tickling the Family’s Funny Bone (AC) 2-3 Critter Cuddling (EW) 3-4 Movie: Ellis Island, Part 2 (WWL)	17 10-11 Person, Place or Thing (AC) 2-4 Movie & Popcorn (AC) 7-8 Centennial Squares (GFH)	18 10-11 Families of Instruments (GFH) 11:30-1:30 Lunch Outing (Bus) 2-3 The Family Tree (AC) 4-5 Appetizers (GFH)	19 2-4 Short Story: <i>The Family Tree</i> (WWL)
20 4:00 Worship (GFH)	21 10:30-11:30 Family Value Sharing (AC) 4-5 Garden Club (AC)	22 10-11 A-Mazing Parents (AC) 2-3 Critter Cuddling (WW) 30-4 Personal Stories (AC)	23 10-11 Culinary: Mango Ice Cream Soda (AC) 2-3 Movie: Ellis Island, Part 3 (WWL)	24 10-11 A Family Affair (AC) 2:00 Tomato Sandwich Social 3-4 Summertime Rhythm (GFH) 7-8 Guest Speaker: Dr. Watkins, Director of Sticht Center, “Med Talk” (FH)	25 10-11 This Was The Year: 1998 (WWL) Lunch: Christmas in July Buffet 2-3 The Family Tree (AC) 3:30-5:00 Butter Bean Auction (GFH)	26 2-4 Just Picture It (WW)
27 4:00 Worship (GFH)	28 10:30-11:30 Seven Important Family Values (AC) 2-3 Family Watermelon Social (GFH)	29 10-11 Music with Lori (GFH) 3-4 Gilligans Island (AC) 6:30-7:30 Bingo (AC)	30 10-11 Culinary: Easy Peach Cobbler (AC) 2-3 Craft: (AC) Name the leaves for Family Tree	31 10-11 Family Photo Sharing (AC) 2-3 I Love Lucy (WW) 4-5 Complete the Family Tree (AC) 7-8 Flutes on 4th Concert (FH)		Alison Taylor, ACC Activities Manager Arbor Acres United Methodist Retirement Community Fitzgerald Health Center 1240 Arbor Road Winston-Salem, NC 27104 336-724-7921, Ext. 1273 ataylor@arboraacres.org Activity Assistants: Rosa Lee Shell & Joy Archer